

SOURCE



NATURALS®

Strategies for WellnessSM

SAW PALMETTO EXTRACT

Man's Best Friend



The complex and fragile human reproductive system is highly sensitive to imbalances. For American men, prostate dysfunction has become a common issue this decade – and aging is not the only culprit. The chemical environment created by industrialized nations is a major detriment to the health of the prostate gland.

Fortunately, help comes from the experience of Native Americans who relied on the berries of the Saw Palmetto tree for strength and vitality throughout their lives. Source Naturals

SAW PALMETTO EXTRACT is a highly concentrated form of this renowned berry.

Developed for maximum potency and convenience, SAW PALMETTO EXTRACT empowers men to defend themselves against the twin onslaught of time and technology.



Prostate Dysfunction

Recent statistics have revealed some alarming findings – dysfunction of the prostate gland is now becoming more and more common for men in the industrialized nations. No longer is aging alone to blame. Chemical toxins in our food and environment are contributing to the rising incidence of diminished prostate function.

By their forties, many men experience a hormonal shift that increases the size of the prostate gland. If the prostate cells begin to over-produce, neighboring organs can be adversely affected. Another factor causing prostate dysfunction is the host of synthetic chemical compounds that have entered into our environment and into our bodies.

Saw palmetto supplements offer support to the prostate gland by offsetting the repercussions of both the natural hormonal shift and the environmental challenge. Recent clinical tests in Europe have demonstrated the benefits of 320 mg of saw palmetto extract as a daily dietary supplement. Source Naturals is committed to bringing the latest nutritional research to the marketplace – providing people with natural solutions to critical health issues. Our SAW PALMETTO EXTRACT contains the highest quality saw palmetto available. We offer it in two potencies: 320 mg and 160 mg.

Hormones and the Prostate Gland

The prostate is a walnut-sized gland that surrounds the urethra in males. The prostate secretes the seminal fluid and, through a series of contractions, allows the release of semen from the body. Beginning in their forties, men experience a change in hormone levels that may increase the prostate's size to that of a plum, or larger. This growth is related to a significant increase inside the prostate of *di-hydrotestosterone* (DHT), a potent male hormone. As men age, their prostate loses its ability to break down and remove DHT.

Hormones in the environment also play a role in our health. Many commercially farmed animals are treated with synthetic hormones to increase food production, and these hormones remain in the fatty tissues of meat. When humans consume this meat, these artificial hormones gravitate to the fatty tissues and organs – especially the prostate gland.

The formation of DHT is further increased by certain pesticides, synthetic organochlorines, and other “endocrine disrupters” that block or mimic natural hormones. These synthetic hormones are believed to contribute to lower sperm counts and prostate dysfunction.

Saw Palmetto – Prostate Friendly

For centuries, berries of a small palm tree called **Saw Palmetto** (*Serenoa repens*) were used as food by Native Americans living along the southern Atlantic coast of North America. Saw palmetto is well-known for its benefits to men and has been the subject of numerous studies. Its berries are rich in sterols and fatty acids that naturally migrate to the prostate. Here they help prevent the conversion of testosterone to DHT, and accelerate the breakdown and elimination of DHT from prostate tissues. The natural phytoestrogens in saw palmetto berries also can block artificial estrogen-like compounds from accumulating in prostate tissue.

In Europe, saw palmetto extract has been studied in six double-blind clinical tests. Men who were given saw palmetto extract showed consistent and statistically significant results. Source Naturals SAW PALMETTO EXTRACT is standardized to 85-95% fatty acids and sterols. Whether you prefer a single 320 mg softgel or two 160 mg softgels, Source Naturals SAW PALMETTO EXTRACT provides the equivalent amount of saw palmetto used in these recent European studies.

Tried and True Protection

Source Naturals SAW PALMETTO EXTRACT is the first line of defense in a men's health program. The benefits of Saw Palmetto have been time-tested by traditional cultures and studied by modern clinical research. To maintain vital prostate function, SAW PALMETTO EXTRACT is the best step a man can take.

References

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