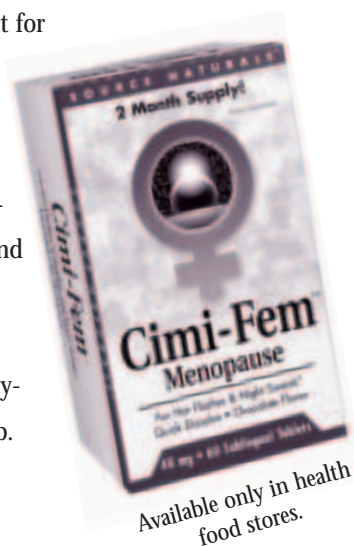


# CIMI-FEM™ Black Cohosh



Helps Minimize Hot Flashes

**B**lack cohosh is powerful herbal support for women, clinically shown to reduce the hot flashes, mood swings and irritability associated with menopause. And Source Naturals offers you black cohosh extract standardized to the same marker compounds found clinically effective in scientific research. Source Naturals **CIMI-FEM** is standardized to 2.5% triterpene glycosides including 27-deoxyactein, one of the key constituents of the herb. The tablets are available in a tasty natural chocolate flavor.



Available only in health food stores.



SOURCE NATURALS®

Strategies for Wellness<sup>SM</sup>

CIMI-FEM™ is Source Naturals' trademarked name for *Cimicifuga racemosa*, more commonly known as black cohosh. It has been shown in clinical studies to reduce hot flashes, mood swings and irritability associated with menopause.

### How Does it Work?

Hot flashes may result from surges of luteinizing hormone (LH) released by the body in a futile attempt to restore the declining estrogen levels that occur as women enter premenopause. Scientists have not yet determined exactly how black cohosh affects the hormonal system. Research suggests black cohosh may reduce LH secretion, thereby lessening hot flashes. CIMI-FEM black cohosh extract is standardized to contain 2.5% triterpene glycosides (one of which is 27-deoxyactein).

**“Extensive research shows Black Cohosh to be very effective.”**

### Compare and Save!

When selecting a black cohosh product it is useful to compare CIMI-FEM to the leading brand, Remifemin®\*. *CIMI-FEM*

*gives you twice the potency at less than half the suggested retail price.*

CIMI-FEM tablets are available in two potencies, 40 and 80 mg, so that you can take the amount that's just right for you.

### References

Brucker, A., M.D. *Med Welt* 44:2331-3.  
Langfritze, W. *Med Klin* 57, 35:1497-9.  
Steinler, K., M.D. *Arztl Prax* 11, 26: 916-7.

\*Remifemin is a registered trademark of SmithKline Beecham and is now available *only* in the mass market channel.

### Compare and Save!

	Cimi-Fem™	Remifemin®
<b>Potency</b>	40 mg	20 mg
<b>Daily Usage</b>	One Per Day	Two Per Day
<b>Count</b>	60 tabs	60 tabs
<b>Supply</b>	2 months	1 month
<b>SRP</b>	\$7.98	\$19.99
<b>Save \$12.01 per unit!</b>		



**SOURCE NATURALS®**  
*Strategies for Wellness™*

The above information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.