

SOURCE



NATURALS<sup>TM</sup>  
Strategies for Wellness<sup>SM</sup>

# WELLNESS HERBAL RESISTANCE LIQUID<sup>TM</sup>

*Resist the Ravages of Winter*



*When the cold winds and icy wetness of winter leave you drenched, shivering and chilled to the bone, you need a natural defense product that's up to the job: WELLNESS HERBAL RESISTANCE LIQUID.*

*Like many cold weather products, WELLNESS HERBAL RESISTANCE LIQUID features the prime winter herbs echinacea and goldenseal. Unlike typical formulas, however, WELLNESS HERBAL RESISTANCE LIQUID adds the famed Yin Chiao Chinese herbal complex, plus uncommon winter botanicals from around the world.*



Visit our web site at: [www.sourcenaturals.com](http://www.sourcenaturals.com)

## Echinacea & Goldenseal: Native American Herbs

Echinacea was first introduced to North American colonists by Native Americans, who used it for winter support for more than 5,000 years. In modern times, echinacea has become one of the most popular herbs in the United States.

Echinacea is used to support the natural defenses. Its beneficial activity is due to a number of constituents, including polysaccharides and *echinacosides*, a group of compounds found only in echinacea.

WELLNESS HERBAL RESISTANCE combines a 6:1 extract of *Echinacea purpurea* with standardized *Echinacea angustifolia* extract.

Goldenseal has been used by Native Americans for centuries to soothe sensitive mucous membranes, including those in the respiratory, digestive and genitourinary systems. Its beneficial properties are attributed to its alkaloids, especially berberine.

## Yin Chiao: Classic Chinese Formula

According to traditional Chinese herbalism, Yin Chiao dispels excess body heat caused by the invading winds of cold, stormy weather. Best taken at the first signs of internal imbalance, Yin Chiao features herbs like lonicera (honeysuckle), forsythia, mint, and licorice.

## Supporting Herbs

WELLNESS HERBAL RESISTANCE LIQUID includes other traditional botanicals. Elderberry has been honored for centuries in folk tradition because of its numerous health benefits. It is a rich source of nutrients, especially bioflavonoids and anthocyanins. The phytonutrients in elderberry positively

influence cell function and protection in the human body, and support the immune system.

Isatis contains glycosides that help support the body's innate defenses; it is valued by herbalists as a complement to the benefits of echinacea and goldenseal.

Also part of the formula are the traditional Native American botanicals boneset and horehound; warming ginger; the renowned adaptogen Siberian ginseng; and bayberry.

## The Wellness Family™: Comprehensive Winter Support

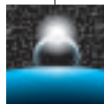
WELLNESS HERBAL RESISTANCE LIQUID, an important member of Source Naturals' *Wellness Family* of natural immune system products, is available in the original variety in 2, 4 and 8 fl oz bottles, as well as alcohol-free in 2 and 4 fl oz bottles.

Try Source Naturals' other fine Wellness products: WELLNESS COLD & FLU™, WELLNESS ZINC™ Lozenges and Throat Spray, WELLNESS ELDERBERRY EXTRACT™ Tablets and Liquid, WELLNESS COLLOIDAL SILVER™ Liquid, Nasal and Throat Spray, WELLNESS MULTIPLE™, WELLNESS C-1000™, WELLNESS GARLIC™, WELLNESS OLIVE LEAF™, and, of course, original WELLNESS FORMULA®.

## References:

- Bensky, Dan & Barolet, Randall, compilers/translators. *Chinese Herbal Medicine: Formulas & Strategies* Seattle: Eastland Press; 1990; pp. 44-46.
- Pizzorno, Joseph E., N.D. & Murray, Michael T., N.D. *A Textbook of Natural Medicine*, Seattle: John Bastyr College Publications; 1987; V.2: Echin 1-2, V.2: Hydras 1-4.

S O U R C E



N A T U R A L S®

*Strategies for Wellness*SM

The above information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.