

Advanced One™ Multiple

Scientific Nutrition in a Once-A-Day!



ADVANCED ONE is the first multiple to combine the convenience of a once-a-day with formulation that reflects the advancements in nutritional science. The expert formulators at Source Naturals designed ADVANCED ONE to combine high levels of vitamins and minerals with protective nutraceuticals, based on the latest scientific research.

ADVANCED ONE includes special ingredients such as the “core four”—*N*-acetyl cysteine, lipoic acid, silymarin and coenzyme Q10—for nutrient activation, anti-aging antioxidant protection and nonstimulant energizing.



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Nutrient Activation

Before most nutrients can be used by the body they must be converted by your liver into metabolically active forms.

For example, B-vitamins must be converted into their coenzyme forms, beta carotene is converted into retinol (vitamin A), and so on. After activation, these nutrients travel through the bloodstream to target organs, where they perform specific metabolic functions. For this important activation process to occur, the health and functionality of the liver are critical.

That's why Source Naturals formulates its premier multiples with the Core Four—lipoic acid, CoQ10, silymarin, and NAC. These potent antioxidants support healthy liver function. NAC and lipoic acid are precursors to glutathione, one of the liver's primary free radical scavengers. And silymarin, the active flavonoid complex of the herb milk thistle, has been shown *in vitro* to inhibit lipid peroxidation of cell membranes. CoQ10 also is included to support the liver.

Anti-Aging Antioxidants

An increasing number of researchers support the antioxidant theory of aging, which states that aging results from a lifetime of free radical damage to our body's cells, DNA and mitochondria. We are all exposed to free radicals in the form of air and water pollutants, as well as

The only once-a-day to provide:

**Nutrient Activation
Anti-Aging Antioxidants
Energizers**

lifestyle factors such as stress, smoking and drinking alcohol. ADVANCED ONE Multiple supplies a range of antioxidants to neutralize free radicals.

Included are nutrients such as beta carotene, CoQ10, lipoic acid, selenium, and vitamins A, C and E, and plant-based antioxidants like bilberry, ginkgo, grape seed, quercetin, green tea, and silymarin.

Non-Stimulant Energizers

ADVANCED ONE Multiple furnishes nutrients that support healthy metabolic function. CoQ10 plays a crucial role in cellular energy production. It is a vital intermediate in the electron transport chain, one of the body's energy production cycles, which converts glucose, or blood sugar, into ATP, the body's "energy molecule." ADVANCED ONE supplies lipoic acid, a potent antioxidant and important intermediary in the Krebs cycle, another energy production cycle. ADVANCED ONE Multiple also supplies mega-potencies of B-vitamins, which play critical roles in carbohydrate metabolism and energy production, invigorating and sustaining us daily. And it contains Siberian ginseng, ginkgo biloba and green tea, to support your daily energy needs.

ADVANCED ONE Multiple: Your clear choice for once-a-day convenience PLUS the latest in nutritional science.



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The above information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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