

Artichoke Extract 500™



Promotes Fat
Digestion,
Cardiovascular
Health and
Digestive Comfort

With today's hectic lifestyles, many of us struggle to eat nutritious fruits and vegetables every day. It can be easy to forget that these natural foods can provide many powerful health benefits such as vitamins, minerals, antioxidants, fiber and other valuable compounds.

Artichokes are a great example of a nutritious plant that has benefits for many of your different body systems. For thousands of years, people have been using artichoke leaf extract to promote liver and digestive health. And now there is clinical research to support the benefits of this powerful extract. Source Naturals, the science company, introduces Artichoke Extract 500™, a natural compound to support healthy fat digestion, cardiovascular function, liver health and digestive comfort.



Strategies for Wellness™

Artichoke Extract for Your Better Health

Traditionally, artichoke globes and their leaf extracts have been used to promote digestive health. But it is the leaves that contain the highest concentration of beneficial antioxidant polyphenolic compounds such as cynarin, luteolin and chlorogenic acids. Cynarin gives artichokes their pleasant bitter taste and was originally believed to be the only active component of artichoke extracts. However, researchers have discovered that the dried extract of the complete leaf is more potent than cynarin alone. Source Naturals ARTICHOKE EXTRACT 500™ contains 500 mg of artichoke leaf extract, standardized to 5% cynarin and 15% chlorogenic acids, to insure maximum potency.



Digestive Health, Fat Digestion and Fat Metabolism

The polyphenols in artichoke leaf extract stimulate increased bile production in your body. Bile is one of the most important compounds your body makes to keep you healthy. Bile is made in the liver from cholesterol and triglycerides and stored in the gallbladder. It mixes with and emulsifies fats to support fat digestion and fat metabolism. By supporting fat digestion it also supports absorption of fat-soluble vitamins, overall digestive health and relieves occasional indigestion.

Liver Health and Cholesterol Wellness

In addition to having digestive benefits, artichoke extract also helps to maintain cholesterol levels that are already within the normal range.

Medical experts theorize this is because artichoke extract inhibits the activity of the enzyme HMG CoA Reductase to decrease the amount of cholesterol made by your liver. Also, since cholesterol and triglycerides are used to make bile, the bile stimulating activity of artichoke extract may also help to remove excess cholesterol from the bloodstream, which promotes your cardiovascular health. The antioxidants and bile stimulating effects of artichoke extract also help promote healthy liver function.

Promote Your Wellness

Source Naturals ARTICHOKE EXTRACT 500™ is a powerful health aid that can support many of your body systems. There is a wealth of research supporting the benefits of this potent extract. And you can benefit from this clinical research today, instead of waiting for it to become mainstream. Join your local natural health food stores and outlets in the Wellness Revolution of preventive health by taking Source Naturals ARTICHOKE EXTRACT 500™ today.

References

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