

Food for Thought



Attentive Child™

Supports Brain Metabolism

Most children are creative, energetic, and spontaneous, but sometimes they don't function at their best, and can find it difficult to apply their attention to the tasks at hand. It's important to make sure that they get the nutrients needed for healthy cognitive function.*



Source Naturals®
for a life well lived®



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Source Naturals® Attentive Child™ is a Bio-Aligned Formula® designed to support the multiple systems that affect children's neural and cognitive function: neurotransmitter synthesis, brain metabolism, and nerve cell communication.*

Nutrients for Comprehensive Brain Support

Parents want a dietary supplement based on well-researched nutrients to support their children's optimal cognitive function. Each ingredient in Attentive Child plays a role in brain and nervous system structure or functioning, and is involved in important biochemical pathways.*

Neurotransmitters and Brain Metabolism

This Bio-Aligned Formula® includes DMAE, which has been suggested to provide choline to support neurotransmitter synthesis. Magnesium is an essential nutrient necessary for the transmission of nerve signals. Both magnesium and zinc participate in numerous biochemical pathways essential to brain function. Sharp-PS® soybean extract contains 20 mg of the phospholipid phosphatidylserine—a building block molecule in nerve cell membranes. Phosphatidylserine (PS) is vital in nerve cell communication and the electrical activity of the brain.*

The Role of Antioxidants in Brain Health

The lipid-rich environment of the brain would oxidize and turn rancid without the normal milieu of antioxidants that

are required to maintain its structural integrity and optimal functioning. The brain and eyes are especially rich in the highly polyunsaturated fatty acids, e.g. DHA, that are the most vulnerable to oxidative damage. Antioxidants neutralize free radicals in the brain and throughout the body, and are absolutely critical to good health. Grape seed extract is known to have antioxidant properties.*

Brain Nutrition in Two Convenient Options

Attentive Child comes in two forms: tablets or chewable wafers. The wafers have a sweet-tart taste, but there is no worry about blood sugar levels. The sweetness in the wafers comes from natural flavors, sweetened with crystalline fructose and xylitol (sweetening agents that are found in many fruits and vegetables). These sweeteners have a very low glycemic index.* For play, school, and all the activities your child enjoys, Attentive Child provides an array of brain nutrients for neural health.*

Educational References

Ismail, A. A., & Ismail, N. A. (2016). *Journal of Nutrition & Food Sciences*, 6(4), 1–8. <https://doi.org/10.4172/2155-9600.1000523>

Malanga, G., Aguiar, M. B., Martinez, H. D., & Puntarulo, S. (2012). *Drug Metabolism Letters*, 6(1), 54–59.



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