

Nopal Endurance™

Prickly Pear Extract for Endurance and Stamina



Source Naturals is proud to present NOPAL ENDURANCE, a natural way to increase endurance and recover from muscle fatigue. Whether you're a professional athlete, a weekend warrior, or you just like to keep fit with regular exercise, your body needs support to maintain performance.

Source Naturals NOPAL ENDURANCE contains Tex-OE™, a patented standardized extract from the prickly pear, or nopal cactus. Tex-OE™ may support the accelerated formation of Heat Shock Proteins (HSPs), stress recovery proteins synthesized by the body. NOPAL ENDURANCE supports key Wellness metabolic systems – the IMMUNE SYSTEM, through quick action; CELLULAR IRRITATION, by targeting cellular rehabilitation; and SUGAR METABOLISM and MITOCHONDRIAL ENERGY, through support of glucose metabolism.

Traditional Botanical of the Americas

Tex-OE™ is a trademark for the patented fruit skin extract of prickly pears from the cactus *Opuntia ficus indica*. Indigenous peoples throughout the Americas have included “nopalitas” in their traditional diet for centuries. Nopal has been widely used by native herbalists as a potent topical ointment for skin.



An Intelligent Approach to Exercise

Intense exercise or stress stimulate the body's natural synthesis of Heat Shock Proteins (HSPs). Tests indicate that it usually takes about 2 to 3 hours to raise HSPs in response to these stresses. NOPAL ENDURANCE has been reported to accelerate the synthesis of HSPs to within 10 to 15 minutes after the onset of physical stress, which means quicker recovery from intense workouts. The increase of HSPs explains the increased stamina and endurance found by athletes who take Tex-OE™.

Helps Maintain Blood Sugar Balance

Nopal cactus is a nutrient that can help maintain healthy blood sugar levels when taken as part of a healthy diet and lifestyle plan. NOPAL ENDURANCE may help in controlling the release of insulin, a powerful hormone which controls the flow of glucose from the bloodstream into fat and muscle cells. Also the cells of the brain and the rest of the nervous system rely almost exclusively on balanced glucose levels for their energy.

A Fitting Supplement

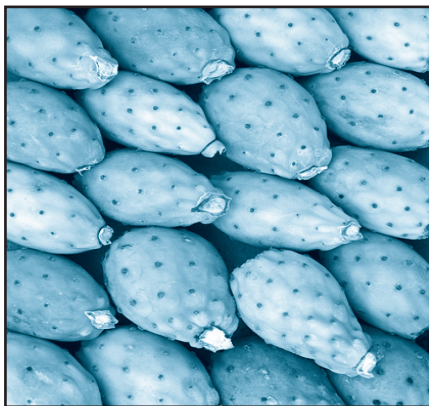
The highly potent NOPAL ENDURANCE is now available in easy-to-take capsule form. Source Naturals recommends taking one 40 mg capsule per 130 lbs. of body weight, with water, at least 2 hours before stress activity once every three days. Fiber interferes with absorption. For best results, do not eat or drink foods or beverages containing fiber 2 hours before and 2 hours after taking.



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The mission of Source Naturals is to bring to the market only those nutritional products which have proven to be the most effective through research and education. And Source Naturals researchers have discovered a great natural product that helps support endurance and stamina. Source Naturals NOPAL ENDURANCE with Tex-OE™ will increase performance and protect you from cellular irritation resulting from oxidative stress during the recovery phase of exercise.



References

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