

# ADVANCED TRIPLE BORON WITH CALCIUM

## Plus Bone-Supporting Minerals



Genetics—sheer luck of birth—has a lot to do with bone structure and strength, but we can do much to increase and regulate bone density for a strong, healthy skeletal system. The first step is realizing that our bones aren't dried, crackling, dead structures, they're a matrix of living tissues that are in a constant state of absorption, formation, and interaction with other body functions. As with any living system, the bones must be fed with the nutrients they need to thrive.

Source Naturals ADVANCED TRIPLE BORON WITH CALCIUM is a balanced formula for bone health. Along with boron and calcium, it contains eight other minerals and vitamins that support bone mineral density and prevent calcium loss and bone demineralization. The formula supports five of the twelve SystemiCare™ metabolic systems: Inflammation Response, Circulation, Cognition/Nerves, Immunity, and of course, Structure/Mobility.

Source Naturals goes beyond “down to the bone.” This formula goes down to the cells—one of the most advanced formulas available for bone health and density.



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## Balanced Formula for Bone Health

ADVANCED TRIPLE BORON WITH CALCIUM is a balanced daily formula that harnesses the power of elements, vitamins and minerals to promote your bone health.

### Elemental Strength—Boron and Calcium

Boron, the fifth element in the periodic table, has been known for millennia but only recently has been understood to play an important role in bone health. At the core of this formula are three bioavailable forms of boron, a trace mineral that increases the body's retention of calcium and utilization of vitamin D, omega-3 fatty acids, and other nutrients essential for bone density and maintenance. Boron prevents urinary calcium loss, thereby preserving calcium "building blocks" for strong connective tissue. Calcium, another element, is the fundamental component of healthy bones and teeth, and is a major ingredient of this advanced formula.

### Comprehensive Bone Health

Supporting boron and calcium in this formula are an array of nutrients that work together for the primary task of bone density and strength. **Magnesium**, **Copper**, and **Manganese** are minerals that influence bone composition and structure. **Zinc**, a trace element, mineralizes bones. **Vitamins D, K, and B-12** aid in metabolism, bone formation, and calcium maintenance.

**Betaine hydrochloride** assists in protein digestion and helps in the absorption of calcium, magnesium, zinc, and vitamin B12. All are included for a balanced formula.

### Defying Age and Genetics

The bones naturally thin as we age, and many people are born with more dense bone structures than others. But you do not have to be at the mercy of time and genetics. Weight-bearing exercise such as walking or running encourages bone strength, and a diet rich in calcium and vitamin D (green vegetables, beans, nuts, seeds, dairy products), and minerals such as boron (raisins, nuts, prunes, legumes) helps you obtain the nutrients you need.

### Foundation of the Wellness Revolution

Source Naturals is pleased to bring you a product that is a comprehensive formula for bone health, with minerals that also support healthy cardiac, inflammation response, immune, and cognitive function. It is an excellent tool for health and well-being.

### References:

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